DIGITAL BACKPACK
THE ARTS
Dear Parents and Caregivers,

PBS KIDS Utah is partnering with the PBS SoCal team to bring you Digital Summer Backpacks. For the last few months, your kids have been at home from school, giving you the added responsibility of creating educational experiences at home. We applaud you for finding creative ways to make sure learning is always fun and exciting.

Running out of ideas? We're here to help! We've expanded our At-Home Learning service to keep your children learning all summer long with a new digital backpack designed to help students have fun while learning at home.

The resources inside this digital backpack include:

- State standards guide for families
- Family reading list
- Printable hands-on activities
- Tips for balancing screen time
- PBS KIDS programming learning goals and reflection guide
- PBS KIDS apps and associated learning goals

Want more resources? Go to PBSUtah.org/kids

Feel free to reach out to us with questions. We would love to see photos of families learning with the digital backpack! E-mail us at education@pbsutah.org.

The PBS Kids Utah Education Team
Family Arts Learning Guide
TIPS AND ACTIVITIES

To help families understand Creative Arts Learning standards for Kindergarten students, we have prepared this Family Learning Guide with explanations and activities you can do at home with your kids. Doing these types of artistic learning activities promotes creativity and imagination with children. Arts includes visual art, drama/theater, dance, and music.

Creating

- Part of creating is making art of your own
- Edit, revise, and finish artistic handiwork
- Think up and put together artistic designs
- Organize and develop artistic pieces

Family Tips for At-Home Learning

- Use recycled materials, like empty cereal boxes or yogurt containers, to create art
- Move beyond the coloring book and give children blank paper to draw, color, or paint
- Dance to music to show kids how to express emotions through movement
- Encourage children to create songs, stories, and poems to detail their everyday life, feelings, and activities

Responding

- Responding to art includes viewing and explaining what the artist is trying to express to the audience
- Recognize and judge how the arts show meaning and feelings

Family Tips for At-Home Learning

- Spend time viewing art and listening to music as a family
- Describe how it makes you feel or what it makes you think of
- Discuss language you can use if you do not like art or music and what you can say to not hurt someone’s feelings about their work
Performing, Presenting, Performing

- Performing, presenting, and producing means acting out an existing work and encouraging the use of interpretive or re-creative skills of the student
- Performing (dance, music, theatre): Bringing out artistic ideas and work through interpretation and presentation
- Presenting (visual arts): Explaining and posting of artistic work
- Producing (media arts): Creating and showcasing artistic ideas and work

Family Tips for At-Home Learning

- Encourage children to act out stories you read together to retell the story
- Create places for children to act, dance, perform music and showcase artwork for friends and family
- Help children submit written works for contests

Connecting

- Making connections means combining artistic ideas and pieces with your own thoughts
- Relate artistic work to other art or moments in history, life, and experience.

Family Tips for At-Home Learning

- Play a game where you find a song, a piece of visual art, and a movie that each make you feel the same emotion
- Recreate a piece of art, story, or a song as a tribute to the original artist, but add your own thoughts and ideas to make it your own
- Select a historical time period and then look up art, music, or theater from that time period. Compare different historical periods and the arts from that time

Resources

- National Core Arts Standards
- PBS Parents art crafts and resources
- PBS KIDS coloring games
Family Reading List
THE ARTS

Reading time can be an easy and fun way to reinforce creative art learning at home. Check with your local public library to access these books online or click on the book covers to watch a read aloud of the story.

**Purplicious**
By Victoria Kann
Ages: 4 to 8

**Maybe Something Beautiful**
By F. Isabel Campoy and Theresa Howell
Illustrated by Rafael López
Ages: 4 to 7

**Bob Ross & Peapod the Squirrel**
By Robb Pearlman
Illustrated by Bob Ross and Jason Kayser
Ages: 4 to 8

**Ish**
By Peter H. Reynolds
Ages: 5+
Shape, Size, and Silhouette Surprises

After Nick and Sally get spooked by some shadows, the Cat sheds light on how they are made. Join the fun! Explore shadow science with The Cat in the Hat stick puppets, a flashlight, and your own imagination.

Materials

- The Cat in the Hat Puppet printables
- Cardstock or paper
- Straws or wooden craft sticks (6)
- Scissors
- Tape
- Flashlight
- Wax paper (optional)

Make the Puppets

1. Print The Cat in the Hat Puppets onto cardstock or paper. If using paper, glue printed puppets onto a second sheet of paper to add more strength.

2. With an adult’s help, cut out the figures. Tape a straw or wooden craft stick to the back of each puppet.

Explore

1. Hold a stick puppet or two in front of the wall.

2. Can you create a shadow with the flashlight?
   - What if you move the light closer to the puppet or farther away?
   - What if you shine the light from high above or down low? What happens?

3. Can you make the shadow almost disappear, even while shining the light on it? How did you do that?

More Ways to Play

1. Now it is your turn to be a puppet! Ask a friend to point a flashlight at you while you make your body, hands, and arms into a shadow figure. A bird? A dinosaur? The Cat in the Hat?

2. Chinese shadow puppetry is one of the oldest forms of puppet art. Create your own screen and stage by taping a long piece of wax paper across the bottom of an open door frame. With the help of a friend, hold a stick puppet behind the paper, and then shine a light on it so the paper catches the shadow (the puppet will be between the light and the paper).

3. Pretend that it is the Cat—and not the children—who is spooked by the shadows. Have Nick and Sally teach him about shadows using the stick puppets and your flashlight.
Stick Puppet Shadow Play

THE CAT IN THE HAT

THE CAT IN THE HAT
FISH
SALLY
Stick Puppet
Shadow Play

NICK
THING ONE
Stick Puppet
Shadow Play

THING TWO
Directions: Take a moment to reflect on your learning from the PBS KIDS episode you watched. Then answer the questions below. To view At-Home Learning schedules for educational programming airing on KCET, PBS SoCal, KLCS and WORLD, visit athomelearning.org.

What did you learn from this episode? Discuss with your child key ideas and details. Briefly explain why these details are important to you, the community, and the world.

How can you connect the learning in this episode to everyday learning at home? For example, if you watched an episode about counting, you and your child can expand this learning at home by counting items during daily routines like doing laundry or washing dishes.

After watching this episode, what do you want to learn more about?
We don’t replace reading, we complement reading

Reading is a skill and left untouched for several months, that skill will get weaker! The best part of free time reading is that you get to choose what you want to read!

Screen zombies are real

Screen zombies are in a halfway state between being awake and being asleep. When you see a zombie, there are two main recommendations: if it’s not bedtime, tell the zombie to turn off the screen and do something active. And if it is bedtime, go to bed!

Find your balance

Screens can be used for things that are BOTH entertaining and informative. Find your balance: watch your movies, but also write a short story. Watch an episode of Nature about cute animals. Design a game. WhatsApp your grandparents.

Adjust your screens at night

We know that bright screens keep people awake—even if the brain and body are tired, bright lights send a strong wake-up signal. After the sun goes down, turn down the intensity of screens.

People with screens in their bedrooms sleep on avg 15 min less per night. That’s almost 2 hrs less sleep per week!
OUTDOOR EXPLORATION APPS

Nature Cat’s Great Outdoors  Go on a new adventure every day with the Nature Cat crew as they explore, discover and observe nature in their own backyard and beyond! Kids can observe the daily weather and use a compass, camera, sound recorder and journal to record each nature adventure. **FREE**

Ready Jet Go! Space Explorer  Kids can explore the solar system and visit planets, stars and constellations with Jet and his friends. Go on a galactic journey with Jet, Sydney, Sean, Mindy and Sunspot from their backyard in Boxwood Terrace through space! **FREE**

Wild Kratts Baby Buddies  Join Martin, Chris, and the Wild Kratts team on an African Savannah creature sitting adventure. These baby animals need a lot of attention and care, and with Wild Kratts Baby Buddies app, kids are in charge of feeding, washing, protecting and playing with each one.

Splash and Bubbles Ocean Adventure  Join Splash, Bubbles, Dunk, and Ripple on a journey to the world’s undersea habitats. Kids will discover the creatures that live there, learn about many different plants and animals, and build and decorate their very own ocean!

Wild Kratts World Adventure  Kids can tilt and tap their way through six multi-level games that encourage exploration of habitats around the world. Focusing on science, each game lets kids observe, explore and use creature power suits to complete missions and help the Kratt Brothers.

Outdoor Family Fun with Plum  Get ready for some Outdoor Family Fun with Plum! This app offers daily activities that get families outside, exploring their neighborhood and learning about nature. Spending time outdoors has many benefits and nature is all around – you just have to look! **FREE**

Photo Stuff with Ruff  In this camera-based experience, children learn about science by taking pictures of different materials to complete silly scenes. Play it together and record and share your observations in fun, creative ways! **FREE**

Look for more APPS for iOS and Android at pbskids.org/apps
### PBS KIDS Learning Goals

#### SOCIAL & EMOTIONAL LEARNING

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#### LITERACY

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#### SOCIAL STUDIES, THE ARTS & MORE

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<td>Curious George</td>
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<td>The Cat in the Hat Knows a Lot About That!</td>
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#### Digital-Only

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<td>Design Squad Nation</td>
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<td>Scientific Inquiry, Life/Physical/Earth Science, Engineering &amp; Technology, Math</td>
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# APP LEARNING GOALS

**FREE APPS**
at pbskids.org/apps

## SOCIAL EMOTIONAL DEVELOPMENT

**Daniel Tiger’s For Parents**  
2-5  |  Social Emotional Development

## LITERACY

**Dinosaur Train A to Z**  
3-6  |  Literacy

**Molly of Denali**  
4-8  |  Informational Text

## ARTS, CREATIVITY AND MORE

**PBS KIDS Kart Kingdom**  
4-8  |  Creativity

**PBS KIDS Party**  
4-8  |  Healthy Habits

**PBS KIDS Stickers**  
4-8  |  Creativity

**Plum’s Creaturizer**  
6-9  |  Creativity

## STEM (Science, Technology, Engineering & Math)

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*Only available on iOS*
APP LEARNING GOALS

PAID APPS
at pbskids.org/apps

SOCIAL EMOTIONAL DEVELOPMENT

Daniel Tiger's Day & Night 2-5 Social Emotional Development — Routines
Daniel Tiger's Grr-rific Feelings 2-5 Social Emotional Development — Feelings
Daniel Tiger's Stop & Go Potty 2-5 Social Emotional Development — Potty Training
Daniel Tiger's Neighborhood: Play at Home with Daniel 3-5 Social Emotional Development
Daniel Tiger's Storybooks 2-5 Social Emotional Development

LITERACY

SUPER WHY! ABC Adventures 3-6 Literacy
Super Why! Phonics Fair 3-6 Literacy
Super Why! Power to Read 3-6 Literacy

ARTS, CREATIVITY & MORE

Pinkalicious Party 4-6 Creative Process, Art, Design, Creativity, Roleplaying, Music

STEM (Science, Technology, Engineering & Math)

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All apps are available for all devices unless otherwise indicated.

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